



YOUNG PRO-LIFE DEMOCRATS GUIDE



**HOW TO CONTACT
YOUR LEGISLATORS
ABOUT ABORTION**

- NATIONAL - STATE - LOCAL -



HOW TO CONTACT YOUR LEGISLATORS ABOUT ABORTION

- NATIONAL -

1 FIND YOUR REPRESENTATION.

- Find your Senators and their phone numbers [here](#),
- Find your Representatives and their phone numbers [here](#).

2 PLAN WHAT YOU WANT TO SAY.

Make sure to include your name, county, zip code, if you need a response, and a specific request for your legislator.

"Hello, my name is Susan Parks. I'm a constituent from Madison county, zip code 10001. I don't need a response. I am in support of a ban on abortion after 20 weeks and the defunding of Planned Parenthood. I strongly encourage the senator to please use their voice to protect the unborn. Thank you." - Example Phone Call

YOUNG PRO-LIFE DEMOCRATS GUIDE: HOW TO CONTACT YOUR LEGISLATORS ABOUT ABORTION

- STATE -

1 FIND YOUR REPRESENTATION.

- Find your governor, state senators, and state representatives by using your state government's website, all of which can be found [here](#).

2 PLAN WHAT YOU WANT TO SAY.

Make sure to include your name, county, zip code, if you need a response, and a specific request for your legislator.

"Hello, my name is Devin Grayson. I'm a constituent from Jefferson county, zip code 12003. I don't need a response. Our state of Utah needs to advance past the federal minimum standard and stop the purposeful deaths of babies born alive after an attempted abortion. I strongly encourage the governor to please use their voice to protect the unborn. Thank you."

- Example Phone Call

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- LOCAL -

1 RESEARCH LOCAL ISSUES.

Local governments can have varying roles regarding abortion. Issue examples:

- Planned Parenthood programs in school districts
- Proximity of abortion clinics to schools
- Politicians' connections to the abortion industry

2 PLAN WHAT YOU WANT TO SAY.

Contact your legislator over phone, through email, or at a town hall or city council meeting. Make sure to include your name, location, and a specific request.

"Hello, my name is Tracy Young. I'm a constituent from South Daytonville. Our community needs to limit the presence of Planned Parenthood in our high schools. Their presence ingrains approval of abortion into children at an early age. I encourage the city council to use their voices to protect young people from undue influence. Thanks."

- Example Script